

Indicator: Activities of Daily Living

Indicator Definition

Proportion of residents with a decline in activities of daily living in the last year

Indicator Specification

Numerator data source

NACDC-AN-ACC

Numerator

Number of residents who experienced a decline of one or more points on their RUG-ADL assessment (Table 1)

Table 1. RUG-ADL assessment scores

Item	Description	Score
Bed mobility	Independent or supervision only	1
	Limited physical assistance	3
	Other than two persons' physical assist	4
	Two or more persons physical assist	5
Toileting	Independent or supervision only	1
	Limited physical assistance	3
	Other than two persons' physical assist	4
	Two or more persons physical assist	5
Transfer	Independent or supervision only	1
	Limited physical assistance	3
	Other than two persons' physical assist	4
	Two or more persons physical assist	5
Eating	Independent or supervision only	1
	Limited assistance	2
	Extensive assistance/total dependence/tube fed	3

AN-ACC: Australian National Aged Care Classification; **RUG-ADL:** Resource Utilisation Groups-Activities of Daily Living;
NACDC: National Aged Care Data Clearinghouse

Denominator

Number of permanent residents

Exclusions

AN-ACC Class 1 and 9-13

Covariates

Age, sex, number of health conditions, AN-ACC classification

Stratifications

None

Comments

Residents with only one RUG-ADL assessment are considered to have no change

Suggested citation: Registry of Senior Australians. Outcome Monitoring System Technical Specification – Function/Activities of Daily Living Indicator. Version 1.0. South Australian Health and Medical Research Institute. Adelaide, Australia; August 2026, 2 pages.

Any enquires about, or comments on, this Technical Specification document should be directed to:

Registry of Senior Australians (ROSA) Research Centre
South Australian Health and Medical Research Institute
PO Box 11060, Adelaide SA 5001
Ph: +61 (08) 8128 4662 Email: ROSA.OMS@flinders.edu.au
Website: <https://rosaresearch.org/>