



SAHMRI Clinical Trials Platform

SITE CAPABILITIES

SAHMRI's Clinical Trials Platform is a strong partner for outpatient clinical trials in Adelaide, particularly primary care covering a diverse array of therapeutic areas. We offer a dedicated team, modern facilities in the Adelaide BioMed City Precinct, effective participant recruitment, and a strong investigator network, ensuring efficient and supportive trial conduct.



For more information on the
SAHMRI Clinical Trials Platform
scan the QR code or contact
clinicaltrials@sahmri.com



SAHMRI Clinical Trials Platform

ABOUT SAHMRI

The South Australian Health and Medical Research Institute (SAHMRI) is situated in the heart of the Adelaide BioMed City, the southern hemisphere's largest health and medical precinct. This leading independent institute fosters a collaborative environment, bringing together over 700 world-class researchers and clinicians dedicated to translating research into impactful community health outcomes.

Expertise and Scope

SAHMRI's Clinical Trials Platform has a strong history of successfully conducting and independently overseeing all phases of clinical trials (local, national, international) across a wide array of therapeutic areas. As an Academic Research Organisation (ARO), we provide a comprehensive suite of services, similar to a Contract Research Organisation (CRO), but with a distinct academic focus on efficient trial conduct adhering to Good Clinical Practice. We are committed to building collaborations with CROs, sponsors and investigators to deliver high-quality clinical trials.

Site Capabilities: Outpatient Focus with Broad Therapeutic Areas

Inside SAHMRI's iconic building, we have a well-equipped and accessible outpatient clinic, ideal for studies involving participants typically managed within a general practitioner/community-based setting (Phase II to IV). This makes us particularly well-suited for trials in areas such as:

- Gastroenterology (e.g. irritable bowel syndrome, Crohn's disease, gastro-oesophageal reflux disease)
- Metabolism (e.g. obesity, type II diabetes, gout)
- Nutrition (e.g. supplements and complementary therapies)
- Dermatology (e.g. eczema, psoriasis)
- Mental health (ADHD, mild to moderate bipolar disorder, panic disorder, anxiety disorders)
- Other areas including cardiology (e.g. hypertension, lipid-lowering therapies), respiratory (e.g. asthma, mild to moderate COPD), pain management (e.g. chronic pain, fibromyalgia), women's health (menopause related disorders), contraception, osteoporosis, men's health.



Access to Broad Investigator Pool

Our well-established network of experienced General Practitioner (GP) investigators, in addition to SAHMRI's in-house Principal Investigators, allows us to readily engage community-based research expertise across a range of therapeutic areas. Our strategic co-location and established relationships with the Royal Adelaide Hospital (RAH) and Adelaide-based universities further grants us access to a diverse pool of leading clinicians and specialists. This synergy ensures a comprehensive and readily available investigator pool.

Effective Participant Recruitment Strategies

We excel in participant recruitment through a multi-faceted strategy. Our approach is built on three core pillars:

- 1. Established Participant Database:** We maintain a dedicated participant database ([INVOLVED Clinical Research Participant Register](#)), enabling targeted outreach to individuals who have expressed interest in clinical trial participation.
- 2. Strategic Digital Marketing:** Our dedicated Senior Digital Marketing Officer curates and implements highly effective digital marketing campaigns across Facebook, Instagram and Google Ads. These campaigns are specifically designed to reach relevant populations and drive successful recruitment in our clinical trials.
- 3. SAHMRI Brand Reputation:** Beyond digital strategies, SAHMRI's iconic building and strong presence within the South Australian community generate significant public interest in our site. This positive community engagement sparks enthusiasm for participation, with the visually striking "cheese grater" building serving as an enticing landmark for those eager to be part of the pioneering clinical trials research conducted within its walls.

Dedicated Research Team and Purpose-Built Clinic Space

Our dedicated Research Nurses and Study Coordinators collaborate to provide timely and comprehensive support to CROs and Sponsors, streamlining communication and facilitating high participant recruitment.

SAHMRI boasts eight multi-purpose clinic rooms specifically designed to facilitate clinical trial site work. These rooms are equipped with clinical trial equipment, including phlebotomy chairs, stadiometers, blood pressure monitors, scales, ECG machines, and other specialised equipment necessary for conducting high-quality clinical trials.

The site is conveniently located near public transport, and onsite parking can be arranged for participants.

Co-Located Pharmacy Services

SAHMRI collaborates closely with the RAH Clinical Trial Pharmacy for investigational product management. This partnership ensures that experienced pharmacy staff handle dispensing according to best practices, with secure storage and continuous oversight to maintain product integrity and accountability.

Imaging Capabilities

We leverage the advanced imaging facilities at the Clinical and Research Imaging Centre (CRIC), located onsite. This provides access to a comprehensive range of modalities, including x-ray, ultrasound, CT, MRI, PET and Lutetium-PSMA Therapy. Onsite access to these facilities streamlines imaging procedures, enhancing participant convenience and data collection efficiency.

Onsite Sample Processing

Onsite laboratory facilities allow us to offer efficient biological sample processing (including protocol-specific sample collection, processing, and short-term storage prior to shipment to central laboratories). Our experienced staff are proficient in pharmacokinetic (PK) sampling and have the capacity to perform serial blood draws and process samples for analysis, including studies with intensive sampling schedules.