



SAHMRI
South Australian Health &
Medical Research Institute



WARDLIPARINGGA
Aboriginal Research



THE UNIVERSITY
of **ADELAIDE**

Perspectives of integrating Indigenous knowledge into a mixed-methods research design to address social and emotional wellbeing.

Tina Brodie

PhD Candidate

ACKNOWLEDGEMENT OF COUNTRY

“Ngadlu tampinhi, ngadlu Kaurna
yartangka inparrinhi”

IRMA

IRMA
2020

PhD Candidate, University of Adelaide
Wardliparingga Aboriginal Health Equity
(SAHMRI)

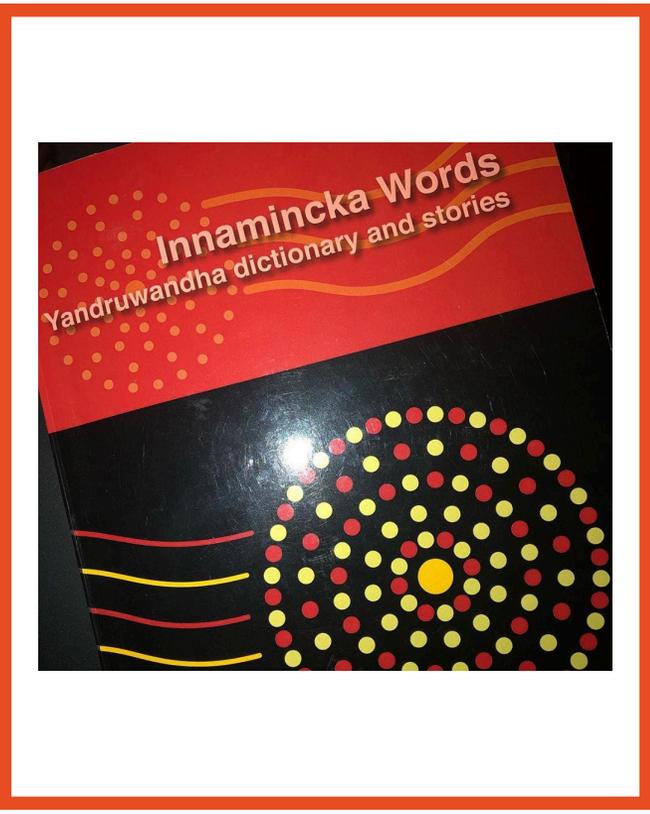
Supervisors:

- Professor Alex Brown
- Dr Odette Pearson
- Dr Natasha Howard



TUESDAY, MARCH 27, 2018

Racism flares in Kalgoorlie



INDIGENOUS RESEARCH

Striving for inclusion...
Situated within a western
framework.

*Decolonising
Methodologies...*
The inclusion of Indigenous
world views in western
methodologies.

The struggle for
acceptance...
Introduction of methods
but maintaining western
influences to avoid
marginalisation.

Indigenous Methodology:
Indigenous research,
by Indigenous
researchers, honouring
Indigenous ways of
knowing, being and doing.

KNOWLEDGE TO ACTION:

ADDRESSING THE SOCIAL DETERMINANTS OF HEALTH TO IMPROVE ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLES' SOCIAL AND EMOTIONAL WELLBEING.

- Present a PhD Indigenous research design framework / Indigenous methodology.
- Share perspectives of integrating Indigenous knowledge.

*Decolonising
Methodologies...*

The inclusion of Indigenous world views in western methodologies.

Indigenous Methodology:
Indigenous research,
by Indigenous researchers,
honouring Indigenous ways of
knowing, being and doing.

IRNet Showcase 2020

KNOWLEDGE TO ACTION:

Addressing the social determinants of health to improve Aboriginal and Torres Strait islander peoples' social and emotional wellbeing.



ABORIGINAL LANDSCAPES PROJECT

- Data governance and sovereignty.
- To support community priorities and needs.



Aboriginal Knowledges

IRNet Showcase 2020

ASSOCIATION BETWEEN THE SOCIAL DETERMINANTS OF HEALTH AND MENTAL HEALTH OUTCOMES

What is the need?

Exposures

- Individual characteristics
- Education
- Income
- Workforce
- Housing
- Cultural connection
- Racism
- Transport
- Food Security

Outcome: Mental health

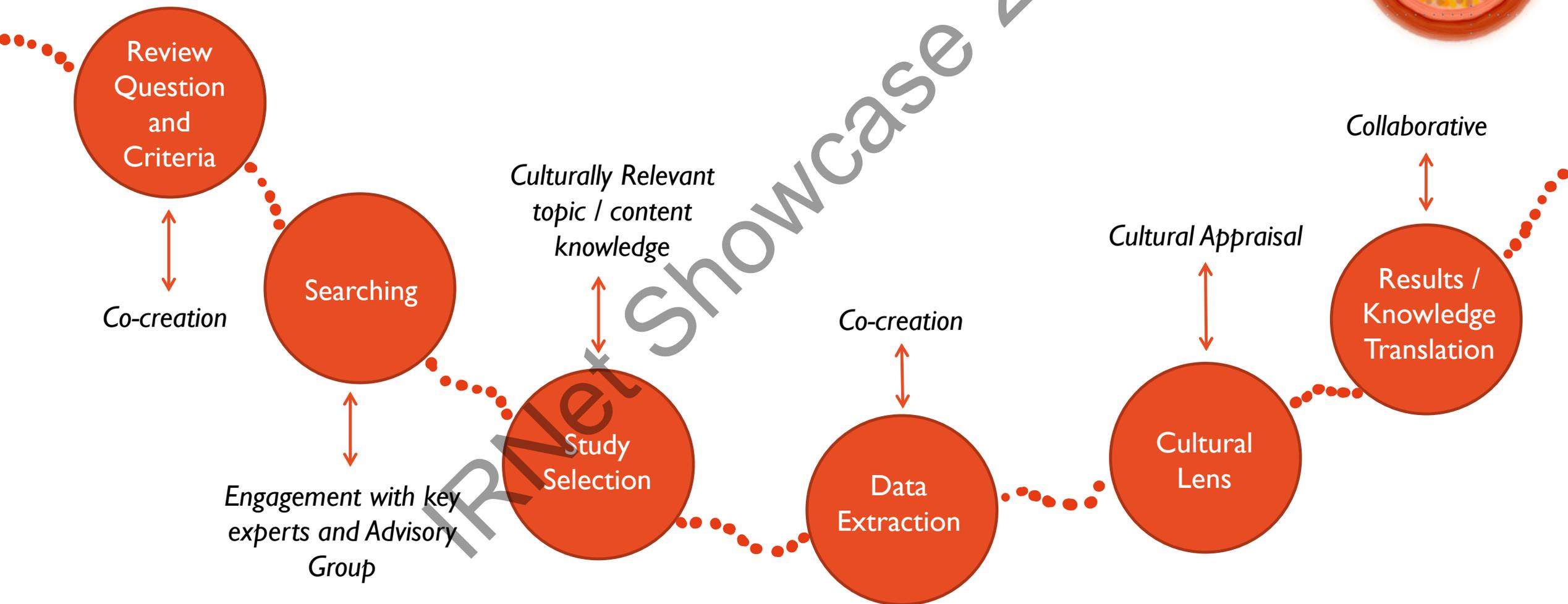
- a) Hospitalisation for mental and behavioural disorders
- b) Emergency department presentation for mental and behavioural disorders
- c) Community mental health presentation



Artwork by Lisa Hanson

SCOPING REVIEW OF HEALTH PROGRAMS ADDRESSING THE SOCIAL DETERMINANTS OF HEALTH FOR ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE

What is being done?

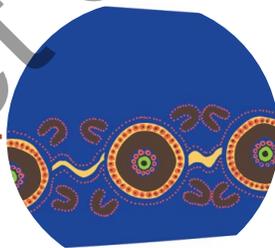


THE EVALUATION OF THE CULTURAL PATHWAYS PROGRAM

How to
take
action?



Funded by
Wyatt
Trust



Cultural
Pathways
Program

BUILDING AN EVIDENCE BASE

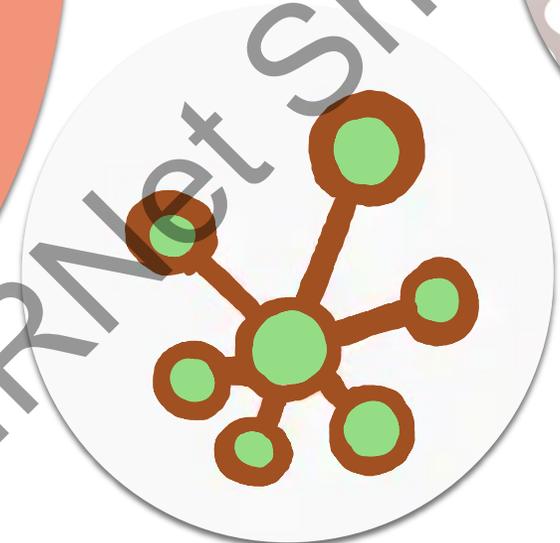
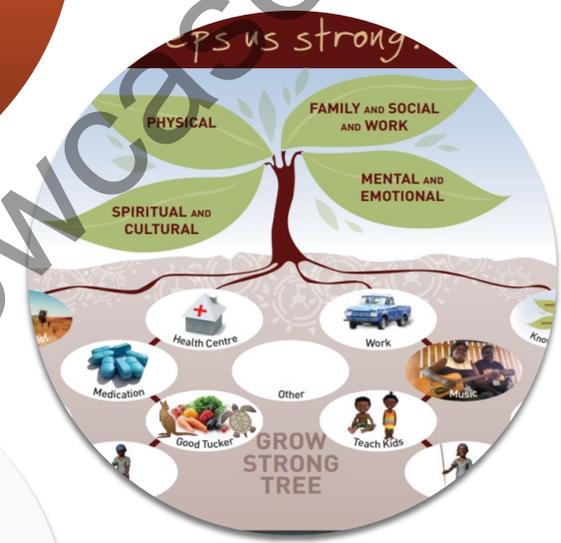
The **Cultural Pathways Program** aims to identify the social and cultural needs of Aboriginal people, supporting empowerment of individuals and services to act on the **social determinants of health**.

Cultural Pathways Program

In the last 12mths, have you ever had to worry about feeding yourself or your family?

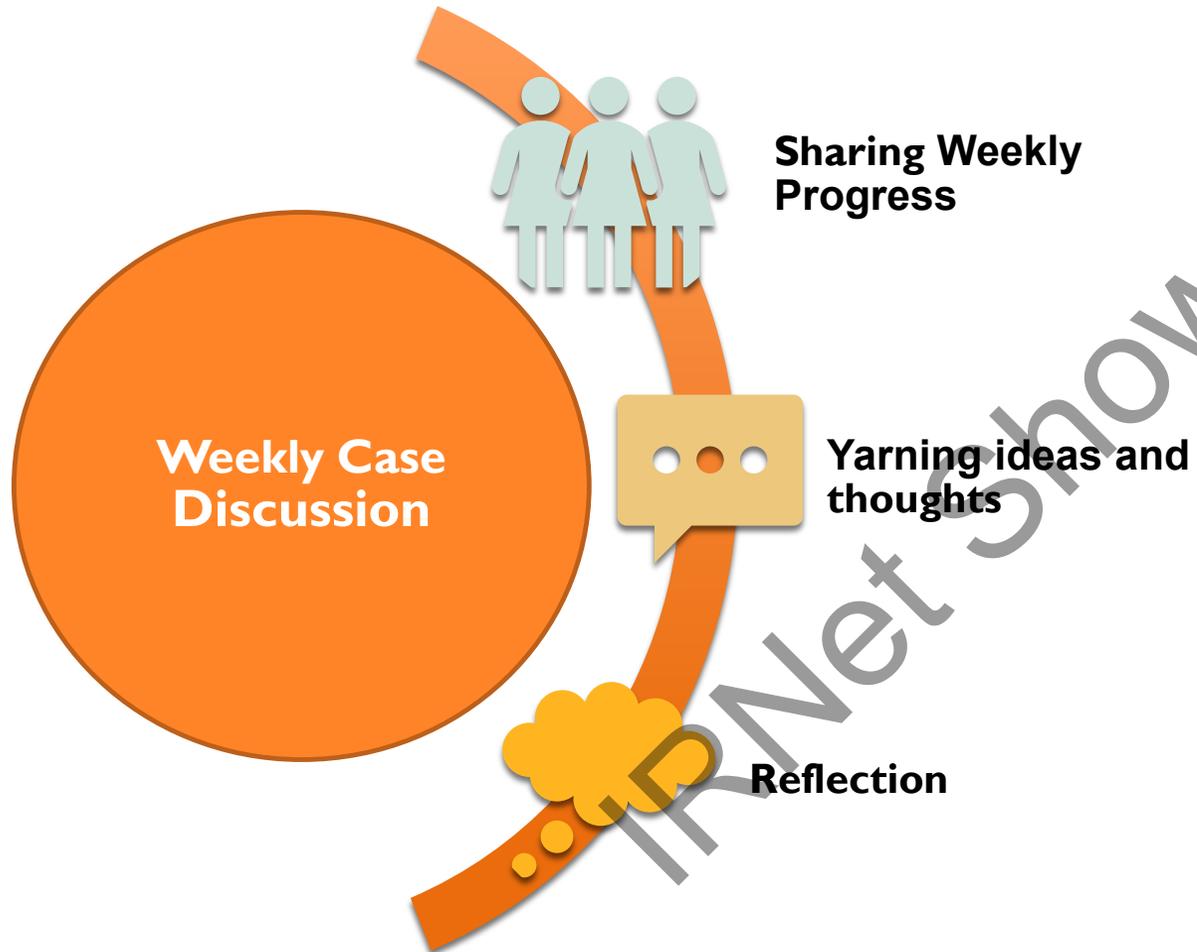
Identify unmet social and cultural needs

Strengths-based priority and goal setting



Service Connections

REFLECTIVE PRACTICE



What?

So What?

Now What?

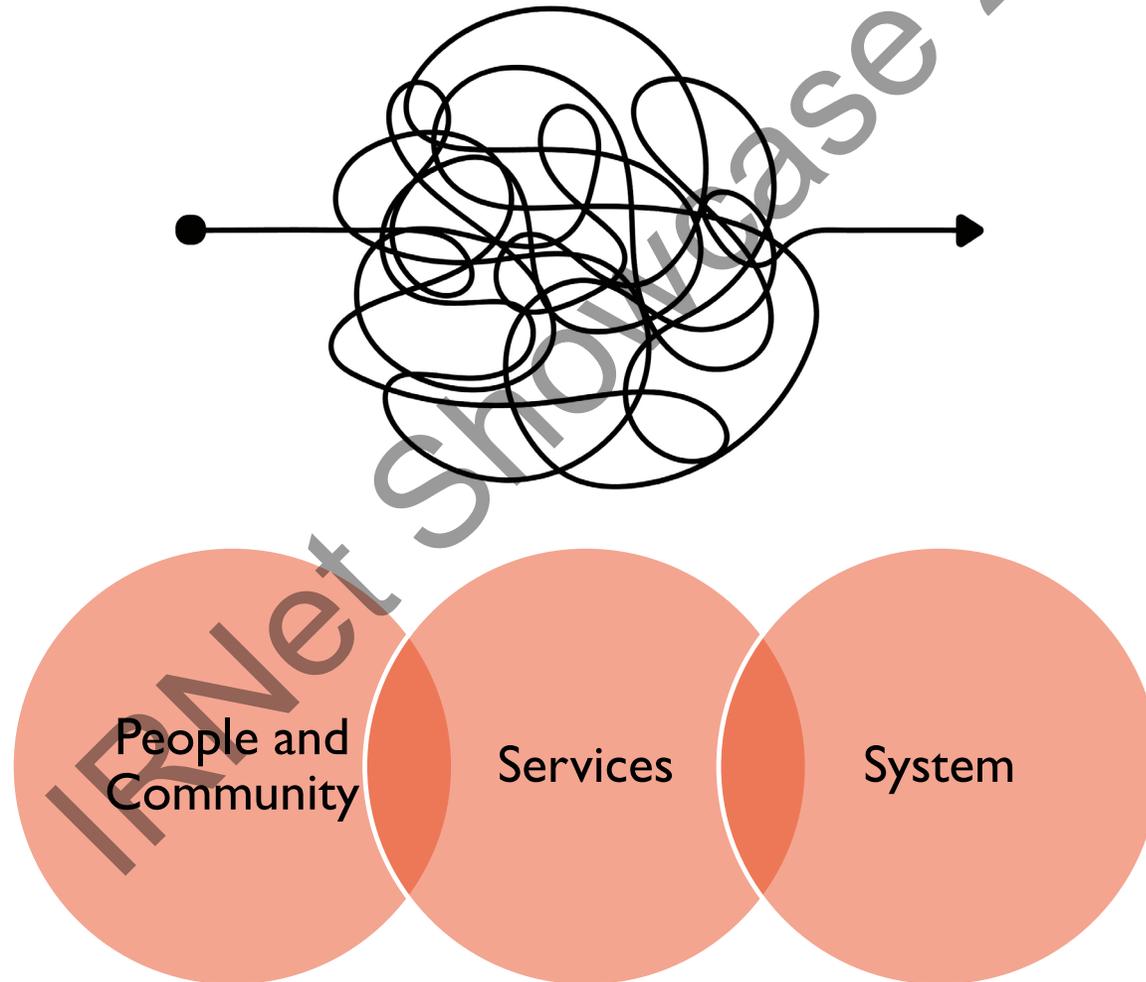
WHAT DIFFERENCE DID IT MAKE?

Participant perspectives
→ yarning?



↑ self-confidence
↑ mastery
↑ autonomy + control ??

EVALUATION FRAMEWORK





KEY MESSAGES

- Indigenous and non-Indigenous methods can be integrated into a research design framework.
- An Indigenous methodology can contribute to our sovereignty as researchers and Indigenous peoples.

ACKNOWLEDGEMENTS

The team who without, this wouldn't be possible:

- Professor Alex Brown
- Dr Natasha Howard
- Dr Odette Pearson
- Luke Cantley (Pathways Program Facilitator)
- Peita Cooper (Pathways Program Facilitator)

Wardliparingga Health Equity Theme

The University of Adelaide

The addressing the social determinants of Indigenous health Advisory Group

CONTACT

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Wardliparingga Aboriginal Health Equity Theme

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