



### Cultural Safety in Aged Care Resource List

**Note:** The included URLs that link to reports and/or websites are correct and active at the time of publishing this resource (December 2019).

South Australian Health and Medical Research Institute (SAHMRI)

Adelaide, South Australia

© South Australian Health and Medical Research Institute Limited 2019. All rights reserved.

## Aboriginal and Torres Strait Islander Health

### Reports and Resources

Australian Government Department of Health. 2013. National Aboriginal and Torres Strait Islander Health, 2013-2023. [https://www.health.gov.au/internet/main/publishing.nsf/content/B92E980680486C3BCA257BF0001BAF01/\\$File/health-plan.pdf](https://www.health.gov.au/internet/main/publishing.nsf/content/B92E980680486C3BCA257BF0001BAF01/$File/health-plan.pdf)

Australian Government Department of Health. 2015. Implementation Plan for the National Aboriginal and Torres Strait Islander Health Plan 2013-2023. [http://www.health.gov.au/internet/main/publishing.nsf/Content/AC51639D3C8CD4ECCA257E8B00007AC5/\\$File/DOH\\_ImplementationPlan\\_v3.pdf](http://www.health.gov.au/internet/main/publishing.nsf/Content/AC51639D3C8CD4ECCA257E8B00007AC5/$File/DOH_ImplementationPlan_v3.pdf)

Australian Health Ministers' Advisory Council, Australian Government Department of Health. 2017. Aboriginal and Torres Strait Islander Health Performance Framework. [https://www1.health.gov.au/internet/main/publishing.nsf/Content/oatsih\\_heath-performanceframework](https://www1.health.gov.au/internet/main/publishing.nsf/Content/oatsih_heath-performanceframework)

Australian Indigenous HealthInfoNet. [www.healthinonet.ecu.edu.au](http://www.healthinonet.ecu.edu.au)

Centre for Aboriginal Economic Policy Research. 2013. CAEPR Indigenous Population Project 2011 Census Papers. Paper 14: Population Projections. pge 7. [https://caepr.cass.anu.edu.au/sites/default/files/docs/2011CensusPaper\\_14\\_Population\\_Projections\\_1.pdf](https://caepr.cass.anu.edu.au/sites/default/files/docs/2011CensusPaper_14_Population_Projections_1.pdf)

Department of the Prime Minister and Cabinet. 2018. Closing the Gap – Prime Ministers Report. <https://www.antar.org.au/sites/default/files/ctg-report-2018.pdf>

### Further Readings

Lo Giudice D , Smith K, Fenner S, Hyde Z, Atkinson D, Skeaf L, Malay R, Flicker L. 2016. Incidence and predictors of cognitive impairment and dementia in Aboriginal Australians: A follow-up study of 5 years Alzheimer's & Dementia 12 252-261

MacLean S, Ritte R, Thorpe A, Ewen A, and Arabena K. 2017. 'Health and Wellbeing Outcomes of Programs for Indigenous Australians That Include Strategies to Enable the Expression of Cultural Identities: A Systematic Review'. 23(4) Australian Journal of Primary Health 309. <https://www.publish.csiro.au/PY/PY16061>

Radford K, Mack H, Draper B, Chalkley S, Daylight G, Cumming R, Bennett H, Delbaere K, Broe G., 11. 2015. Prevalence of dementia in urban and regional Aboriginal Australians Alzheimer's & Dementia 271-279

Smith K, Flicker L, Lautenschlager N, Almeida O, Atkinson, Dwyer A, LoGuidice D. 2008. High prevalence of dementia and cognitive impairment in Indigenous Australians Neurology (71) 1470-73

## Aged Care

### Reports and Resources

Aged Care Workforce Strategy Taskforce. 2018. A Matter of Care. Australia's Aged Care Workforce Strategy. [https://agedcare.health.gov.au/sites/default/files/documents/09\\_2018/aged\\_care\\_workforce\\_strategy\\_report.pdf](https://agedcare.health.gov.au/sites/default/files/documents/09_2018/aged_care_workforce_strategy_report.pdf)

Australian Association of Gerontology Aboriginal and Torres Strait Islander Ageing Advisory Group. 2018. Assuring equity of access and quality of access and quality outcomes for Older Aboriginal and Torres Strait Islander Peoples. What needs to be Done. <https://www.aag.asn.au/news/assuring-equity-of-access-and-quality-outcomes-for-older-aboriginal-and-torres-strait-islander-peoples-what-needs-to-be-done>

Australian Government Department of Health. 2017. Aged Care Diversity Framework <https://agedcare.health.gov.au/support-services/people-from-diverse-backgrounds/aged-care-diversity-framework>

Australian Government Department of Health. 2018. Ageing and Aged Care, Single Quality Framework <https://agedcare.health.gov.au/quality/single-quality-framework-focus-on-consumers>

Australian Government Department of Health. 2019. Aged Care Quality Standards. <https://agedcare.health.gov.au/quality/single-set-of-aged-care-quality-standards>

Australian Government Department of Health. 2019. Actions to support older Aboriginal and Torres Strait Islander people: A guide for consumers. <https://agedcare.health.gov.au/actions-to-support-older-aboriginal-and-torres-strait-islander-people>

Australian Government Department of Health. 2019. Actions to support older Aboriginal and Torres Strait Islander people: A guide for aged care providers. <https://agedcare.health.gov.au/actions-to-support-older-aboriginal-and-torres-strait-islander-people>

Australian Institute of Health and Welfare. 2017. 2016 National Aged Care Workforce Census and Survey – The Aged Care Workforce, 2016. <https://www.gen-agedcaredata.gov.au/Resources/Reports-and-publications/2017/March/The-aged-care-workforce,-2016>

Australian Institute of Health and Welfare. 2018. GEN Aged Care Data. Aboriginal and Torres Strait Islander people using aged care. <https://www.gen-agedcaredata.gov.au/Resources/Dashboards/Aboriginal-and-Torres-Strait-Islander-people-using>

Australian Institute of Health and Welfare. 2019. Insights into vulnerabilities of Aboriginal and Torres Strait Islander people aged 50 and over. 2019. Chapter 2.6. Living as you get older – access to aged care. <https://www.aihw.gov.au/reports/indigenous-australians/vulnerabilities-aboriginal-torres-strait-50-full/contents/summary>

### Further Readings

Bell D, Lindeman M. 2015 The (mis)matching of resources and assessed need in remote Aboriginal community aged care. <https://onlinelibrary.wiley.com/doi/pdf/10.1111/ajag.12164>

Davy C, Kite E, Aitken G, Dodd G, Rigney J, Hayes J, Van Emden J. 2016. “What keeps you strong? A systematic review identifying how primary health-care and aged-care services can support the well-being of older Indigenous peoples.” <https://onlinelibrary.wiley.com/doi/full/10.1111/ajag.12311>

Lindeman M. 2009. Emerging tensions in the use of assessment tools in home and community care. [http://www.acwa.org.au/resources/Practice\\_Reflexions\\_Volume\\_4.pdf](http://www.acwa.org.au/resources/Practice_Reflexions_Volume_4.pdf)

Lindeman M, Smith K, LoGiudice D, Elliot M. 2016 “Community care for Indigenous older people: an update.” <https://onlinelibrary.wiley.com/doi/full/10.1111/ajag.12316>

### Cultural Competency

These resources relate to building organisations’ cultural competency and include examples of policy, workforce framework documents, practical guides and assessment tools.

Australian Health Ministers Advisory Council. 2016. Cultural Respect Framework, 2016-2026. [https://nacchocommunique.files.wordpress.com/2016/12/cultural\\_respect\\_framework\\_1december2016\\_1.pdf](https://nacchocommunique.files.wordpress.com/2016/12/cultural_respect_framework_1december2016_1.pdf)

Australian Health Ministers Advisory Council. 2017. National Aboriginal and Torres Strait Islander Health Workforce Strategic Framework 2016–2023. [https://www1.health.gov.au/internet/main/publishing.nsf/Content/4A716747859075FFCA257BF0001C9608/\\$File/National-Aboriginal-and-Torres-Strait-Islander-Health-Workforce-Strategic-Framework.pdf](https://www1.health.gov.au/internet/main/publishing.nsf/Content/4A716747859075FFCA257BF0001C9608/$File/National-Aboriginal-and-Torres-Strait-Islander-Health-Workforce-Strategic-Framework.pdf)

Australian Institute of Health and Welfare. 2019. Cultural safety in health care: monitoring framework. <https://www.aihw.gov.au/reports/indigenous-australians/cultural-safety-health-care-framework/contents/summary>

National Aboriginal Community Controlled Health Organisation. 2011. Creating the NACCHO Cultural Safety Training Standards and Assessment Process: A background paper. <http://www.csheic.org.au/wp-content/uploads/2015/11/CSTStandardsBackgroundPaper-NACCHO.pdf>

National Health and Medical Research Council. 2005. Cultural Competency in Health: A guide for policy, partnership and participation Australian Government. <https://www.mhahs.org.au/images/cald/CulturalCompetencyInHealth.pdf>

National Aboriginal and Torres Strait Islander Health Workers Association. 2013. Cultural Safety Framework. [https://www.natsihwa.org.au/sites/default/files/natsihwa-cultural\\_safety-framework\\_summary.pdf](https://www.natsihwa.org.au/sites/default/files/natsihwa-cultural_safety-framework_summary.pdf)

Women's and Children's Health Network. 2018. Aboriginal Workforce Strategy 2018 – 2022. [http://www.wch.sa.gov.au/services/az/other/allied/aboriginal/documents/Aboriginal\\_Workforce\\_Strategy\\_2018-2022.pdf](http://www.wch.sa.gov.au/services/az/other/allied/aboriginal/documents/Aboriginal_Workforce_Strategy_2018-2022.pdf)

### *Cultural competency tools*

ACT Council of Social Service Inc. Cultural Awareness Self-Assessment Toolkit. Good practice standards for culturally appropriate community services. <https://www.actcoss.org.au/sites/default/files/public/publications/gulanga-cultural-awareness-self-assessment-toolkit-casat.pdf>

Mungabareena Aboriginal Corporation and Women's Health Goulburn North East. 2009. Making Two Worlds Work. Working with Aboriginal people and communities. Health and community services audit. [https://www.whealth.com.au/mtww/documents/MTWW\\_Audit\\_Tool.pdf](https://www.whealth.com.au/mtww/documents/MTWW_Audit_Tool.pdf)

NWMR Koolin Balit PCP Consortium Project. 2015. <http://inwpcp.org.au/toolkit-main-page/how-to-use-this-toolkit/>

### *Further Readings*

Bainbridge, R., McCalman, J., Clifford, A., & Tsey, K. 2015. Cultural competency in the delivery of health services for indigenous people (Issues paper no.13). Produced for Closing the Gap Clearinghouse Canberra & Melbourne: Australian Institute of Health and Welfare & Australian Institute of Family Studies. <https://www.aihw.gov.au/getmedia/4f8276f5-e467-442e-a9ef-80b8c010c690/ctgc-ip13.pdf>

Brascoupé, S. and Waters, C. 2009 Cultural safety: Exploring the applicability of the concept of cultural safety to Aboriginal health and community wellness. *International Journal of Indigenous Health*, 2009. 5(2): p. 6. <https://jps.library.utoronto.ca/index.php/ijih/article/view/28981/23928>

Cross, T., Bazron, B., Dennis, K., & Isaacs, M. 1989. *Towards a Culturally Competent System of Care*, Volume 1. Washington, DC: CASSP Technical Assistance Center, Center for Child Health and Mental Health Policy, Georgetown University Child Development Center

Clifford, A., McCalman, J., Bainbridge, R., Tsey, K. 2015. Interventions to improve cultural competency in health care for Indigenous peoples of Australia, New Zealand, Canada and the USA: a systematic review. *Int J Qual Health Care*, 2015. 27(2): p. 89-98. <https://doi.org/10.1093/intqhc/mzv010>

Davy C, Cass A, Brady J, DeVries J, Fewquandie B, Ingram S, Mentha R, Simon P, Richards B, Togni S, Liu H, Peiris D, Askew, D, Kite, E, Sivak L, Hackett M, Lavoie J, Brown A. 2016. Facilitating engagement through strong relationships between primary healthcare and Aboriginal and Torres Strait Islander peoples. *Aust N Z J Public Health*; 40:535-41 <https://onlinelibrary.wiley.com/doi/full/10.1111/1753-6405.12553>

Dudgeon, P. Wright, M., & Coffin, J. 2010. Talking it and walking it: Cultural Competence. *Journal of Australian Indigenous issues*, vol. 13, no. 3, pp 29-44

Gommersall JS, Gibson, Dwyer J, O'Donnell K, Stephenson M, Carter D, Canuto K, Munn Z, Aromataris E, Brown A. 2017. What Indigenous Australian clients value about primary health care: a systematic review of qualitative evidence. *Aust N Z J Public Health*; 41 (4):417-423. <https://onlinelibrary.wiley.com/doi/full/10.1111/1753-6405.12687>

MacLean S, Ritte R, Thorpe A, Ewen A, and Arabena K. 2017. 'Health and Wellbeing Outcomes of Programs for Indigenous Australians That Include Strategies to Enable the Expression of Cultural Identities: A Systematic Review'. 23(4) *Australian Journal of Primary Health* 309. <https://www.publish.csiro.au/PY/PY16061>

## Working with Aboriginal and Torres Strait Islander communities

- Australian Government Department of Health. 2018. National Aged Care Advocacy Framework. [https://agedcare.health.gov.au/sites/default/files/documents/01\\_2019/nacap\\_framework\\_-\\_final\\_minister\\_approved\\_dec18.pdf](https://agedcare.health.gov.au/sites/default/files/documents/01_2019/nacap_framework_-_final_minister_approved_dec18.pdf)
- Australian Commission on Safety and Quality in Health Care. 2017. National Safety and Quality Health Service Standards - User guide for Aboriginal and Torres Strait Islander Health. <https://www.safetyandquality.gov.au/sites/default/files/migrated/National-Safety-and-Quality-Health-Service-Standards-User-Guide-for-Aboriginal-and-Torres-Strait-Islander-Health.pdf>
- Australian Institute of Health and Welfare. Australian Institute of Family Studies. 2013. Engagement with Indigenous communities in key sectors. <https://www.aihw.gov.au/getmedia/c3d74d39-0ded-4196-b221-cc4240d8ec90/ctgc-rs23.pdf.aspx?inline=true>
- Benevolent Society. 2013. Working with older Aboriginal and Torres Strait Islander People. [https://www.benevolent.org.au/ArticleDocuments/340/Olderaboriginal\\_torresstraitislander\\_people.pdf.aspx](https://www.benevolent.org.au/ArticleDocuments/340/Olderaboriginal_torresstraitislander_people.pdf.aspx)
- Department of Health Victoria. 2009. Improving care for Aboriginal and Torres Strait Islander patients (ICAP) resource kit. <https://www2.health.vic.gov.au/about/publications/policiesandguidelines/Improving-Care-for-Aboriginal-and-Torres-Strait-Islander-Patients-Resource-Kit>
- Inner North West Primary Care Partnership, 2014. Helping your organisation to create a welcoming environment for Aboriginal and Torres Strait Islander People. [http://inwpcp.org.au/wp-content/uploads/NWIH\\_WelcomingEnvironment.pdf](http://inwpcp.org.au/wp-content/uploads/NWIH_WelcomingEnvironment.pdf)
- New South Wales Department of Community Services, Aboriginal Services Branch. 2009. Working with Aboriginal People and Communities – A Practice Resource. [http://www.community.nsw.gov.au/\\_data/assets/pdf\\_file/0017/321308/working\\_with\\_aboriginal.pdf](http://www.community.nsw.gov.au/_data/assets/pdf_file/0017/321308/working_with_aboriginal.pdf)
- Victorian Government Department of Human Services. 2006. Building better partnerships Working with Aboriginal communities and organisations: a communication guide for the Department of Human Services. [https://mungabareena.org.au/cdn/CTHG\\_Directory/Engagement\\_and\\_Partnerships/Documents/Building\\_Better\\_Partnerships.pdf](https://mungabareena.org.au/cdn/CTHG_Directory/Engagement_and_Partnerships/Documents/Building_Better_Partnerships.pdf)
- Secretariat of National Aboriginal and Islander Child Care. 2012. Opening Doors Through Partnerships. Practical approaches to developing genuine partnerships that address Aboriginal and Torres Strait Islander community needs. <https://www.snaicc.org.au/wp-content/uploads/2016/01/02804.pdf>
- Muswellbrook Shire Council. 2017. Working with Indigenous Australians. Aboriginal and Torres Strait Islander people and their communities. [http://www.workingwithindigenoustraitislanders.info/content/Practice\\_Implications\\_8\\_Practice\\_Tips.html](http://www.workingwithindigenoustraitislanders.info/content/Practice_Implications_8_Practice_Tips.html)

### Further Readings

- Cross, T., Bazron, B., Dennis, K., & Isaacs, M. 1989. Towards a Culturally Competent System of Care, Volume 1. Washington, DC: CASSP Technical Assistance Center, Center for Child Health and Mental Health Policy, Georgetown University Child Development Center
- Clifford, A., McCalman, J., Bainbridge, R., Tsey, K. 2015. Interventions to improve cultural competency in health care for Indigenous peoples of Australia, New Zealand, Canada and the USA: a systematic review. *Int J Qual Health Care*, 2015. 27(2): p. 89-98. <https://doi.org/10.1093/intqhc/mzv010>
- Davy C, Cass A, Brady J, DeVries J, Fewquandie B, Ingram S, Mentha R, Simon P, Richards B, Togni S, Liu H, Peiris D, Askew, D, Kite, E, Sivak L, Hackett M, Lavoie J, Brown A. 2016. Facilitating engagement through strong relationships between primary healthcare and Aboriginal and Torres Strait Islander peoples. *Aust N Z J Public Health*; 40:535-41 <https://onlinelibrary.wiley.com/doi/full/10.1111/1753-6405.12553>
- Franks C, Curr, B. Keeping company: an inter-cultural conversation. Wollongong: Centre for Indigenous Development Education and Research, University of Wollongong; 1996.

Gommersall JS, Gibson, Dwyer J, O'Donnell K, Stephenson M, Carter D, Canuto K, Munn Z, Aromataris E, Brown A. 2017. What Indigenous Australian clients value about primary health care: a systematic review of qualitative evidence. *Aust N Z J Public Health*; 41 (4):417-423. <https://onlinelibrary.wiley.com/doi/full/10.1111/1753-6405.12687>

Caring for Indigenous Australians in Aged Care Facilities. <https://www.youtube.com/watch?v=6dtAzfiOJBI>

How to Yarn Effectively with Older Aboriginal People. Dementia Training Australia <https://www.dta.com.au/resources/how-to-yarn-effectively-with-older-aboriginal-people/>

### *Other useful links to information and resources*

Aged Rights Advocacy Services. <https://www.sa.agedrights.asn.au/>

Australian Institute of Aboriginal and Torres Strait Islander Studies. 2019. AIATSIS map of Indigenous Australia. <http://aiatsis.gov.au/explore/articles/aiatsis-map-indigenous-australia>

Elder Rights Advocacy. <http://era.asn.au/>

Older Persons Advocacy Network. <https://opan.com.au/>

United Nations General Assembly. 2007. United Nations Declaration on the Rights of Indigenous Peoples. [https://www.un.org/development/desa/indigenouspeoples/wp-content/uploads/sites/19/2018/11/UNDRIP\\_E\\_web.pdf](https://www.un.org/development/desa/indigenouspeoples/wp-content/uploads/sites/19/2018/11/UNDRIP_E_web.pdf)

